

2 Looking for an aged care home

If your ACAT has deemed you eligible for residential aged care the next step is to look for an appropriate residential aged care home.

With many residences in most states across Australia its very likely there is a Domain Principal Group residence in your area. The first step could be to call us on 1300 362 481 to discuss your needs and find out what we have available in your area.

Applying to aged care homes

You may apply to as many aged care homes as you wish so that you have a range of potential options, but once you accept a place it is important to let all other aged care homes to which you applied know that you no longer require a place.

Visiting an aged care home

The best way to judge the home that will best suit you is to visit a range of homes. Please see the checklist at the back of this booklet to help you assess the suitability of the home for you. All aged care homes must

provide a specified range of care and services to residents and should include:

- staff to provide help at all times including in emergency situations
- assistance with daily living activities such as bathing, showering, dressing and mobility
- assistance with medications
- meals and refreshments, taking into account special dietary needs
- basic furnishing including carpets, curtains, chairs, beds and bed linen, bath towels, face washers, soap and toilet paper
- a laundry service, cleaning services and maintenance of buildings and grounds
- social activities.

For those with a need for high level care, basic services will also include things such as

- continence aids
- basic medical and pharmaceutical supplies
- nursing services and therapy services.

With 60 residences nationwide its very likely there is a Domain Principal residence in your local area