

Checklist when visiting a home

If you, your family members or friends are able to visit some homes, it's a good idea to write down your impressions of each home, together with the home's name and contact details.

You may like to use this checklist to help you assess the suitability of the home for you.

Standards

Is the home accredited by the Aged Care Standards and Accreditation Agency?	
Are you happy about the home's standards?	

Location and access

Is the location convenient for you, your family and friends?	
Does the building have easy access for people who have difficulty walking or climbing stairs?	
Does it have pleasant grounds and surroundings?	
What transport can you use to visit shops, friends and family?	
Does the home provide the services that are important to you?	

Accommodation, meals and routines

Is there provision for married couples and singles?	
Do shared rooms provide enough privacy? What arrangements are there to ensure privacy for residents?	
How is room allocation determined – can you have a say?	
Are the bathrooms shared, or are there ensuites?	
Is the daily routine flexible or fixed? For example, cleaning of bedrooms.	
What are the meal arrangements – seating, times, menus, meals for visitors, meals in your room, special diets?	
Can you have a snack between meals?	
Can you have your own private telephone?	
What furnishings and personal items can you bring and what is supplied?	

Accommodation, meals and routines

What provisions are there for storage of personal items?

Does the home allow residents to keep pets?

Social and cultural

What social activities are there, and is the home sensitive to your cultural or religious needs?

Can family and friends visit without restriction?

How are social and cultural activities decided? Do residents have a say?

Are there staff who speak your language?

Care and health

What training and qualifications do the care staff have – are there registered nurses, enrolled nurses, trained carers?

How many care staff are on duty for what number of residents, including at night, and what are their qualifications?

Will the home meet your own health or diet needs or preferences?

What type of care or services cannot be provided? How would you be advised of this?

If your care needs change, will you be able to stay on, or would you need to move to another home?

Will you be able to continue to see your own doctor? Does your doctor make out of office visits to the facility?

What other health professionals visit the home regularly?

How can family or friends be involved in care? Can they stay overnight if needed?

These additional points might help

What was the attitude of staff assisting you?

Were you able to look all around the home, look inside some rooms and see all the amenities?

Was the home fresh, clean and in good repair?

Is there easy access to well-maintained outdoor areas?

How would you rate the home you visited on a scale of 1 to 10?



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For further information from Domain Principal Group you can visit our website at www.domainprincipal.com.au or call on 1300 362 481.

You can also telephone the Government's Aged Care Information on 1800 500 853 or a Commonwealth Carelink Centre on 1800 052 222 for further help. For more detailed background information on moving into an aged care home please visit the Department of Health and Ageing website at www.health.gov.au and go to Publications – *5 Steps to Entry to an Aged Care Home*.