

Once your assessment has been completed by your ACAT and you are considered eligible for aged care services they will either give you a copy of the assessment or it will be posted to you. It is important that you hold onto this document as it is the approval for your move to residential aged care. You should note that your ACAT assessment is valid for 12 months.

Types of care

The following are the types of aged care services you may be eligible for:

Low level care – residential home

- You need help with day to day tasks
- You need assistance with personal care

High level care – residential home

- You need 24-hour nursing care

Dementia care

Dementia care is available in many aged care homes usually in a separate wing or unit. It involves a high level of care with round the clock nursing.

Respite care

Respite care is short term care when you need it and may be provided in your own home, in a respite care centre or in a residential aged care home.

It may be planned or on an emergency basis and can be used for up to 63 days in a financial year.

Your Aged
Care Assessment
Team (ACAT)
assessment will
determine whether
you are eligible

