



# Staff Profile

Koula is the antithesis of her name. Warm and caring Koula loves working in aged care where she feels she can make a real difference to lives of her residents and their families.

A relative newcomer to the DPG family, Koula has been with the group since 2010 but has been working in aged care since 2008. Following her Nursing Degree at Sydney University, Koula worked in a range of nursing roles including general ward, theatre and medical practice but it was community aged care that Koula felt was for her. Says Koula, "I believe that our elderly residents deserve the highest quality of care and compassion and I feel privileged to have the chance to be a part of providing this care."

"Everyday is different." according to Koula. "There is no typical day which is what makes it so rewarding. Each day involves resident and staff contact, supporting nursing staff with clinical issues, liaison with doctors and allied health professionals and of course residents' families."

For Koula the highlights of her job are spending time with the residents and ensuring that they are happy. But she also ensures she stays abreast of the latest in aged care nursing by attending ongoing training and education both on and off-site and regularly reading various aged care publications.

When looking for a residence for a family member, Koula is a believer that the staff are the ambassadors – if they are looking happy it is likely to be a well run residence with happy residents. "At Principal Stanmore", says Koula, "we have a great positive working environment, caring and competent staff that enjoy spending time with our residents and largely thanks to a very supportive and knowledgeable manager."



Koula

